

Scripture memory motivated by spiritual discipline can be a means to godliness. Before you begin, pray over your verses asking God to help you hide His word with in your heart. Pray to God for guidance, for understanding and that He would give you a deeper love for his Word.

I HAVE HIDDEN YOUR WORD IN MY HEART THAT I MIGHT NOT SIN AGAINST YOU. PS. 119:11

- ☐ You shall be holy to me, for I the Lord am holy and have separated you from the peoples, that you should be mine. Leviticus 20:26
- ☐ The Lord spoke to Moses, saying, "Speak to the people of Israel and say to them, These are the appointed feasts of the Lord that you shall proclaim as holy convocations; they are my appointed feasts. Leviticus 23:1,2
- ☐ For whatever was written in former days was written for our instruction, that through endurance and through the encouragement of the Scriptures we might have hope. Romans 15:4

### Monday

**Write it!** Writing out scripture is such a vital part of our reading plan. This will deepen the impression in our mind. Choosing a specific verse to write out daily for each week not only helps us to hide God's word in our hearts but anchors the story to scripture. So, find a great journal or make your own by downloading our One Table journal pages and get started! Today, take the time to write out our memory verses. I encourage you to write them out as often as you are able throughout the day. Now, as the week unfolds, be sure to continue writing with each day, adding on each challenge, build on with the next! This is gonna be so good. I know what you are thinking... you are just terrible at memorizing? Me too! So, know that we are in this together! Girl, I believe we can do this!

### Tuesday

**Share it!** Sharing scripture sounds easy for some while others panic at the thought of talking Jesus with ANYONE. Well, let me remind you again that there is no reason to fret. We are in this together. You need to know that speaking God's word, sharing your memory verse and what God's word means to you can be so powerful, especially when memorizing. Do it girl, just do it! Did that help? Too forceful? Okay, Seriously... I read somewhere that the percentage of remembering something is greatly increased when we immediately teach someone else, share it or communicate the information in some fashion. So, go tell your cat or your kid and work your way up to your neighbor. Just share it! This forces your brain to concentrate. Sounds so serious. It is! Now, you've totally got this... go be a light! Remember as you share your verse with others, continue to write it down, making note in your journal of certain words that stand out to you.

### Wednesday

**Apply it!** As you continue to write down you verse each day and share it, consider the different ways you can apply the scripture to your own life. Write down in your journal how this looks in your day to day.



# One Table

## LEVITICUS: THE FEASTS OF ISRAEL

Thursday

**Practice it!** This doesn't sound very spiritual, but I once read that the Spirit-motivated disciplines facilitate the Christian walk. I can't tell you how many times I have reminded myself of this truth. Truth? Yep, for me, it is a truth... I believe God has called me and you to be holy. He gives us His scriptures to help us along the way. Let's get in His word girls and let's stay there! As you write the monthly memory verses down, continue to share them and apply them to your daily life. Think how your life can reflect God's word to the world.

Friday

**Pray it!** As you write out the verses in your journal, begin to write them out as a prayer to God. Praying scripture helps us to keep our focus on God. This might seem like an elementary thought... But, too often I find myself lost in "me". As much as I know that God is big enough for my selfish prayers, when my focus is fiercely on Him, the desires of my heart seem to be more clear. I can't tell you how many times I have whispered to myself... Fierce focus, Natalie. Fierce focus. There was a season I found myself walking through a very deep valley. During this time an awesome lady encouraged me to avoid focusing on the chaos and storm by constantly keeping a fierce focus on Jesus. Again I have uttered these words a thousand times since. There is a beautiful old hymn whose words echo this truth...

"...Turn your eyes upon Jesus,  
Look full in His wonderful face,  
And the things of earth will grow strangely dim,  
In the light of His glory and grace."

Fierce focus sister, fierce focus.

Saturday

**Rest in it!** Hiding God's Word within our hearts transforms us to be more Christlike. Believing the truth of the Bible allows us to overcome the enemy and live fully in God's purpose. Knowing God's word will bring truth, assurance, peace and rest to our life and overflow into others.

*You keep him in perfect peace whose mind is stayed on you, because he trusts in you. Isaiah 26:3*

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